

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday

November 2023

MEMORY CARE

			9:30 MASS 1 10:30-11:00 Exercise with Physical Therapy November Trivia Evening Activities	9:30 MASS 2 Balloon Volley BINGO 3:00 Music with Gene Zenz Evening Activities	9:30 MASS 3 News Movin' to Music Baking Homemade Bread Snack- Jam Sandwiches Daily Wrap Evening Activities	Exercise Time Small Groups 1:1 Visits Evening Activities
9:30 MASS 5 SOCIAL STOPS PAMPER VISITS EVENING ACTIVITIES	9:30 MASS 6 News Exercise Sombrero Toss Armchair Travels to Mexico Daily Wrap Evening Activities	9:30 MASS 7 Chair Exercising BINGO Evening Activities	9:30 MASS 8 Time to Move Afternoon Movie 3:30 Music Therapy with Beth Evening Activities	9:30 MASS 9 Bean Bag Toss BINGO 2:00 Music with Duane Carlson Evening Activities	9:30 MASS 10 Tabletop Foursquare Spelling Bee Evening Activities	Time to Move 1:1 Visits Sensory Stops Evening Activities <small>Veterans Day Remembrance Day (Canada)</small>
9:30 MASS 12 SMALL GROUPS MANICURES EVENING ACTIVITIES <small>Diwali (Hindi)</small>	9:30 MASS 13 News Exercise Group Writing: Thanksgiving Fall Flower Arranging Daily Wrap Evening Activities	9:30 MASS 14 Stretch & Bend BINGO Evening Activities	9:30 MASS 15 10:30-11:00 Exercise with Physical Therapy Fact or Fiction Evening Activities	9:30 MASS 16 Toss Across BINGO Evening Activities	9:30 MASS 17 News Movin' to Music 2:00 Grateful Pie Family Gathering with Harry Arble Evening Activities	Saturday's 18 Stretch Pamper and Small Group Visits Evening Activities
9:30 MASS 19 GAITHER HOUR SOCIAL VISITS EVENING ACTIVITIES	9:30 MASS 20 News Exercise Thanksgiving Trivia Fall Sensory Experiences Daily Wrap Evening Activities	9:30 MASS 21 Leg Kicks BINGO Evening Activities	9:30 MASS 22 Exercise to Music Junk Drawer Detective Evening Activities	9:30 MASS 23 Let's Get Physical Enjoy the Holiday with your Family Evening Activities <small>Thanksgiving Day (US)</small>	9:30 MASS 24 News Movin' to Music Cooking Group: Peanut Butter Pies Birthday Party Daily Wrap Evening Activities	Sit and Stretch Small Groups Social Stops Evening Activities
9:30 MASS 26 MANICURES MUSIC AND A MOVIE EVENING ACTIVITIES	9:30 MASS 27 News Exercise Train Songs Model Train DVD Daily Wrap Evening Activities	9:30 MASS 28 Chair Dancing BINGO Evening Activities	9:30 MASS 29 Bending Time Tabletop Games Evening Activities	9:30 MASS 30 Arm Circles BINGO Social Calls Evening Activities	 <i>St. Joseph Senior Living</i>	

"ENRICHING THE LIVES OF THOSE WE SERVE!"